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## 7 Problem Solving Principles *(John Maxwell)*

1. **Face Reality.**
  - ◆ Don't ignore it and try to see it as it actually is. This is the foundation for solving problems.
2. **Ask for Help.**
  - ◆ None of us are as smart as all of us. People need help to solve problems. Working together to solve problems brings people closer together.
3. **Don't Add to the Problem.**
  - ◆ Simplify. Reduce. Fix THE problem. Break it down into manageable parts. Solve one part at a time. This will offer perspective.
4. **Create Momentum.**
  - ◆ 80% of problems can be solved by the energy that momentum provides to carry yourself through to the solution.
5. **There' Always an Answer to a problem.**
  - ◆ Tenacious spirits solve problems. Focus on finding the answer that does exist. Be grateful that you know there's an answer.
6. **There is Always a Lesson in Every problem.**
  - ◆ You will be a better person embracing a grateful attitude for the lesson. We only lose if we didn't learn.
7. **There is Always an Opportunity in every problem.**
  - ◆ If you look at the problem correctly, there is always an answer. There is always a solution.

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